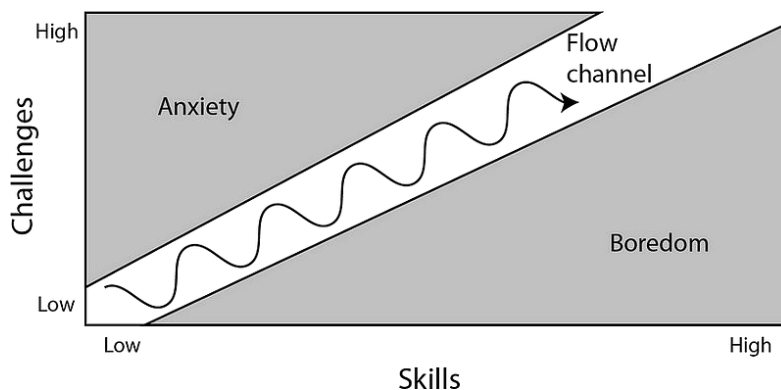


Guiding questions 4

Williams et al., 2015, chapter 5

- 1) What concept is the affect often contrasted with? p. 79
- 2) What does the concept affect include? p. 80
- 3) Which concept seems to be limited, emotions or feelings? p. 80
- 4) Which three essential components are ascribed to an emotional reaction? p. 82
- 5) What is an appraisal, and which five appraisal dimensions are discussed? p. 83
- 6) Which affective construct is cited as one of the earliest in language learning? p. 86
- 7) Which specific form of anxiety is relevant for language learning? p. 87
- 8) How would anxiety affect language comprehension, processing, and production? p. 87-88
- 9) Which two forms of anxiety effects can be distinguished? p. 88
- 10) What general advice is given to reduce anxiety in all learners? p. 89
- 11) What is positive psychology, and which name is associated with its rise? p. 91
- 12) What is the broaden-and-build theory and how can it help language learners? p. 91
- 13) What is happiness traditionally, and what two dimensions are introduced? p. 92
- 14) Who coined the term flow, and how do you pronounce his name? p. 92

Regarding the concept of flow, what does the following diagram illustrate?



- 15) What is emotional intelligence, who coined this term, and what ingredients are listed? p. 94